East High Cross-Country Running Apparel





T-shirts – one style, sizes S-XL

("Welcome to the House of Pain", black)......\$15

Hoodies – two styles, sizes S-XL (East X-C on front, grey) (East X-C on front/back, T-bird, black)\$30

Socks – one style, sizes S-XL.....\$10

Make checks payable to "East X-C Running Booster Club" – (Coach Danelle sells at practice)

PARENTS!!!

Want to get involved with other parents in helping make this season run smoothly for the kids? The Booster Club does just that. Volunteers to bring snacks, host parties, set up tents and jugs on race day, Class Race volunteers (East hosts), etc. are all needed.

Q. What's the most important piece of information you'll need this season? A. www.eastxc.org BOOKMARK it on your computer!!

Q. Did you receive an e-mail from Gail Braten, parent volunteer who put together a directory? If not, we may not have your e-mail address. Send it to Joanna Knapp (jknapp@gci.net) who will be sending out weekly reminders to everyone about what's going on.